

Why do people blush?

When some people get embarrassed, their cheeks turn red. We call this blushing, and it also can occur when a person is anxious or angry.

The science behind blushing is pretty simple: your body sends extra blood to your face which causes your cheeks to redden. The reason this happens is not so clear. Scientists have suggested that our bodies blush to reveal how we really feel. Next time you're anxious to get in a game or embarrassed that you dropped your ice cream on the floor, your cheeks just might give you away!

Did you know that some people are afraid of blushing? The fear of blushing is called erythrophobia.

Why do you think people suffer from erythrophobia?

QUESTION & ANSWER:

What causes your cheeks to redden?

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What is a possible reason behind blushing?

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What is erythrophobia?

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