

# Video Games

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Name: \_\_\_\_\_

**Read the passage to determine the authors claims, reasons, and evidence to support them.**

Whether a video game is on a handheld device, the internet, or the television, too much gaming is a bad thing. Video game addiction is problematic for kids and there are many signs that show the negative effects.

If young people are constantly thinking about the next time they will play a video game, that is a sign that they are addicted. If they give up other hobbies that they used to love, that is also a problem. Many kids who choose to spend all their free time playing video games will make up ways to play the game instead of interacting with others. Quitting sports teams or clubs, refusing to go outside to play with friends, and choosing to stay home from birthday parties are all signs that video games have taken over the child's focus.

In addition to negative behaviors, there are health consequences from playing too many video games. If video game players skip meals or lose sleep because they stayed up too late playing games, this can negatively impact their health. Sitting in front of a game for more than two hours a day instead of getting up and being active can result in childhood obesity. In addition, backaches, headaches, and strained eyes can be caused by too many video games.

- 1. What is the main claim the author is making?**
- 2. What reasons does the author give to support the claim?**

