

Time Trial

How many times can you do each activity below in 1 minute?
First, estimate. Then, set a timer or watch your clock for 1 minute while you do each activity.
Record your results.

1. How many times can you clap your hands in 1 minute?

Estimate _____

Actual _____



2. How many times can you say
"Sally sells seashells down by the seashore" in 1 minute?

Estimate _____

Actual _____

3. How many times can you write your full name in 1 minute?

Estimate _____

Actual _____



4. How many times can you jump in the air in 1 minute?

Estimate _____

Actual _____

5. How many times can you snap your fingers in 1 minute?

Estimate _____

Actual _____

