Choosing words that are...

Truthful
Helpful
Inspiring
Necessary
Kind



helps us to THINK before we speak!

Materials: scissors, markers, hole punch, cardboard, string or ribbon

#### **Directions:**

- 1. Choose one word from THINK to focus on:
- 2. Choose the first letter of the word you will be focusing on.
- 3. Cut out your letter.
- 4. Trace your letter onto cardboard.
- 5. Color and decorate your cardboard letter.
- 6. Write the word your letter stands for somewhere on your letter.
- 7. Punch a whole at the top of your letter.
- 8. Tie a piece of string or ribbon onto your letter to hang on the wall to remind you of your goal for the day (to use words that are Truthful, Helpful, Inspiring, Necessary, or Kind).
- 9. Each day you may focus on a new area and cut and color a new letter below!









