

Name _____

Date _____



THANK YOU, TREES



- 🌿 Take a moment to pause in nature.
- 🌿 Consider all the ways nature gives.
- 🌿 Slowly look around you and notice the...
 - sky
 - soil
 - animals
 - bugs
 - trees
 - and the beauty, food, life, that is given from each.
- 🌿 Choose one tree to sit under (or a tree trunk to sit on).
- 🌿 Take your time to notice...
 - the feeling of the tree's trunk
 - the sound of the leaves
 - the colors of the roots and branches

Write down all the things the tree is offering and giving to you or others right now:

What do you love about this tree?

Name _____

Date _____

THANK YOU, TREES

Write a letter to this special tree below. Tell them how grateful you are for all that they are and all that they offer to other animals, plants, and humans.

