## **General Test Taking Strategies**

Get a good night's sleep (at least 8 hours).

Avoid caffeine and sugar; they'll make you jittery.

Eat a good breakfast.

Wear comfy clothes.

Read/listen to directions very carefully. Ask questions if you're confused about something.

If you get stuck, just mark the question and move on. Come back to it when you've finished the easy questions.



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