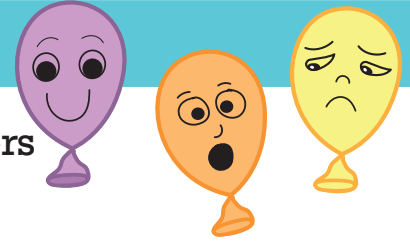


Name \_\_\_\_\_

Date \_\_\_\_\_

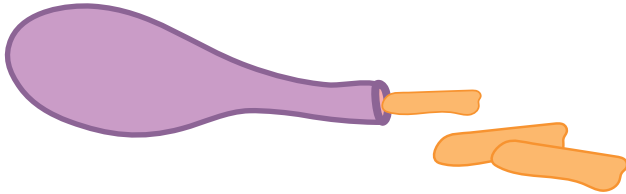
# Stress Ball Balloons



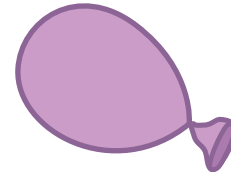
**Materials:** small balloons, play dough, twist ties, markers

**Directions:**

1. Squeeze play dough into balloon.



2. Wrap one twist tie around the bottom of the balloon.



3. First practice drawing feeling faces in the space below. Then draw a “feelings” face on your balloon.

**Draw a time when you could use the stress ball.**

Blank space for drawing a time when you could use the stress ball.