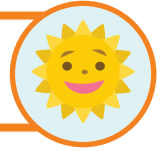




Story Map a Personal Narrative



Let's Consider a Conflict...

Just like fictional stories, personal narratives involve some kind of a problem, or conflict. Personal narratives are filled with feelings and emotions that often change throughout the story.

Problems you could relate to:

A time when you felt really uncomfortable
 A challenge of learning something new
 Getting through a tough time in your life
 Something unexpected happened

Feelings and Emotions:

strict
 foolish
 silly
 determined

unsafe
 misunderstood
 distraught
 elevated

playful
 excluded
 unhappy
 nervous

surprised
 reassured
 encouraged
 courageous

ridiculous
 weighty
 uninspired

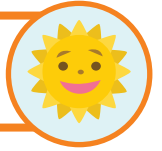
Brainstorm!

Directions: Use the space below to brainstorm some ideas from your own life. Try to think of an instance where you experienced each type of problem described above and describe it below. Then write two or three feelings or emotions you felt during each experience. You can use the ideas from the box to help you, or come up with your own.

1. Once, I felt uncomfortable when...		
Feeling:	Feeling:	Feeling:
2. I had to learn something new and...		
Feeling:	Feeling:	Feeling:
3. I was going through a tough time, but eventually things got better when I...		
Feeling:	Feeling:	Feeling:



Story Map a Personal Narrative



4. I remember being completely surprised when...		
Feeling:	Feeling:	Feeling:
5. I remember feeling completely misunderstood when...		
Feeling:	Feeling:	Feeling:
6. Things weren't so easy when...		
Feeling:	Feeling:	Feeling:

Tell Your Tale

Using any of the story maps, write your personal narrative from beginning to end. Begin your story in the moment that the experience began in your life, imagining you are looking at the experience through a microscope and describing every detail as it happened. Describe the problem, action, and the feelings you had from moment to moment, so your readers can create a movie of your experience in their minds as they read your narrative. Describe what you were thinking about during the experience and how the experience ended.

Title: _____
