

Name \_\_\_\_\_

Date \_\_\_\_\_

# Stand Tall with Integrity

Define the word *integrity*:

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Write 6–7 sentences about an experience you had where you embodied integrity. What happened? What did you do? Who was involved? How did your healthy choice affect others?

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Write down a vow that the class could say together to remember to be honest with ourselves and each other, and to keep promises and live with integrity. The class will vote on the vow they would like to use and we will repeat this together each week. (For example: "We promise to be honest with ourselves and each other because... We promise to...")

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