





## Don't Spill the Salt!

### Origin of “Spilling the Salt”

Many superstitious people believe that if you spill salt, you must pinch some in your right hand and throw it over your left shoulder to ward off bad luck.

Long ago it was believed that all people have a devil waiting over their left shoulder. Since salt was so rare and precious back then, spilling it was thought to be a bad omen. So if you were to spill the salt, you could reverse your bad luck by throwing salt into the eyes of the devil on your shoulder.

It was also believed that a guardian angel sat on your right shoulder, and would spill the salt intentionally to warn you of evil nearby.

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Centuries ago, salt was considered very precious and was even used as money! Are there any rare items today that may bring bad luck upon anyone who spills or breaks them?

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What happens if you spill the pepper shaker? Make up your own superstition when someone spills pepper!

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