Estimating numbers makes you speedy! Round the numbers before subtracting. Remember, when rounding to the nearest ten:

If the number in the ones place is 5 or greater, round up to the nearest ten.
If the number in the ones place is 4 or less, round down to the nearest ten.
Example: 18 ➡ 20
14 ➡ 10

Example

$29 - 14 =$ | $30 - 10$ | $=$ | 20

$28 - 11 =$ | | $=$ |

$96 - 54 =$ | | $=$ |

$87 - 22 =$ | | $=$ |

$57 - 31 =$ | | $=$ |

$86 - 53 =$ | | $=$ |

$74 - 21 =$ | | $=$ |

$53 - 19 =$ | | $=$ |