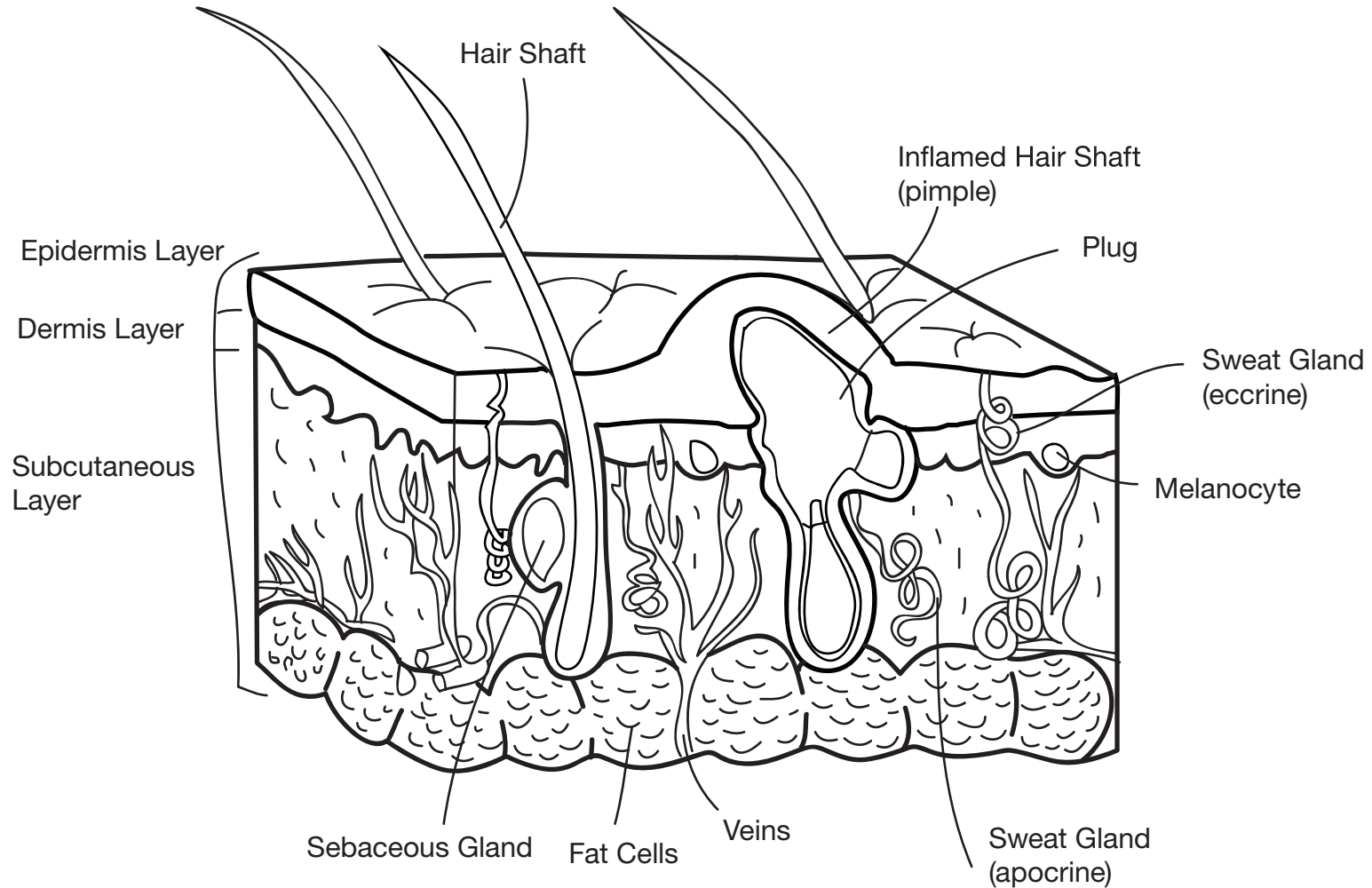


Under Your Skin

Did you know your skin is a living organ that houses millions of cells? Hairs, glands and veins are a few of the many tissues that occupy the space under and on top of three layers of skin. Sometimes your skin can get infected for different reasons.

Study the diagram below. Keep it as reference.



Did you know that pimples are actually clogged hair shafts? When dirt and oil plug the skin up, the hair is unable to grow outside its shaft, inflaming the skin and building up sweat and bacteria under the skin. If you ever get a pimple, don't pick it! Irritating the skin will only cause the bacteria to spread, hurting your skin further. Instead, wash the area thoroughly and let it heal over time. Protect it with a clean bandage so you don't scratch.