

Name _____

Date _____

Seeing Things From Another Angle

Reflect on a time when you were in an argument or had a conflict with someone, who you then made amends with in your life.

What happened?

How do you think the other person felt?

How did you feel?

How were things resolved, if they were?

How could you use conflict resolution skills the next time there is a conflict?

With your parent, make an agreement about how you can handle conflict in your home.
