

**READING SURVEY:**

# All About My Reading Goal



A **goal** is something you want to accomplish. Goals can be short-term, such as making brownies for a movie night, or long-term, such as growing your own pumpkin patch. Goals are meant to be ambitious, something to work toward. Your goal is not ambitious enough if you accomplish it with little effort. However, if you're nowhere near reaching your goal, it is too ambitious.

When you set goals, identify something meaningful you are motivated to work toward. Then, establish a timeline. Last, decide the steps you need to take to get you closer and closer to reaching your goal.

**Remember, goals are:****Clear**

**Be specific and use concrete details to state what you want to achieve.**

- I will become a better runner.
- I will run for 20 minutes without taking a break.

**Realistic and Relevant**

**Given your current circumstances, consider what you can reasonably achieve.**

- I will be the fastest runner in the state.
- I will keep up with my older brother on his morning runs.

**Trackable**

**Establish a deadline and use metrics to measure and track your progress.**

- I will run without taking a break.
- I will run for 20 minutes without taking a break on March 11th.

**Action-Based**

**Describe the steps you'll take to make progress toward your goal.**

- I will run more.
- I will train 2 days a week over the next 3 months. I will find a training plan and keep track of it in my planner. I will run with my brother at least once a week.

**Reflect.** Before you start goal-setting, respond to the following reflection questions about who you are as a reader. How would you describe yourself as a reader? What reading goals have you made before? Were you successful in reaching them? Why or why not?




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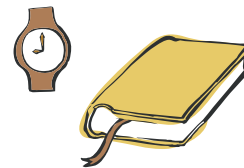
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**Plan.** Now, based on your reflection, plan a reading goal.

## Clear

Be specific and use concrete details to state what you want to achieve.

## Realistic and Relevant

Given your current circumstances, consider what you can reasonably achieve.

## Trackable

Establish a deadline and use metrics to measure and track your progress.

## Action-Based

Describe the steps you'll take to make progress toward your goal.

**Write.** Now, write your goal in a few sentences. Remember to include the deadline and steps you will take to reach your goal.

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