







# R is for Rain

Before sprinklers and hoses, farmers needed rain to grow their crops. Plants can't grow without water, so without rain, people sometimes did not have enough food to eat. Many believe that rain dances and ceremonies could help bring the rain. The Tonga people of Zambia have a holiday called Lwiindi, a celebration of rain.

## How to make a rain stick

-  Use masking tape to seal off one end of a cardboard tube, like the one inside a roll of paper towels.
-  Crumple up a few pieces of aluminum foil and put them into the tube. Keep crumpling until the tube is loosely full of foil from end to end.
-  Pour in 1/2 cup of rice.
-  Seal the open end with masking tape.
-  Decorate the outside of the tube with paint, paper, or anything you like.
-  Shake or turn your stick and listen to it rain!

