

Poster: Best Ways to Praise



Praise is important but how we praise ourselves and each other makes all the difference. Instead of offering “person praise,” offer “process praise” so you recognize the effort put in rather than ability.

Instead of Person Praise:	Try Process Praise:
You are so smart!	You studied a lot!
You are good at math. You always get A's.	You really love learning math. Each problem you solve shows steady improvement and more understanding.
You are such a good student!	You are so smart!

Now, take some time to design a poster that shows the “best ways to praise.” Use the checklist below to guide your work.

- Provide growth mindset words and praise phrases to remind others of the importance of this type of praise.
- Explain why growth mindset praise is important.
- Use high craftsmanship and colors so that your poster stands out.
- Check for correct spelling and grammar.
- Include a heading/title.
- Include an example image that illustrates growth mindset and the praise phrases.