

Now, What Seems to be the Problem?



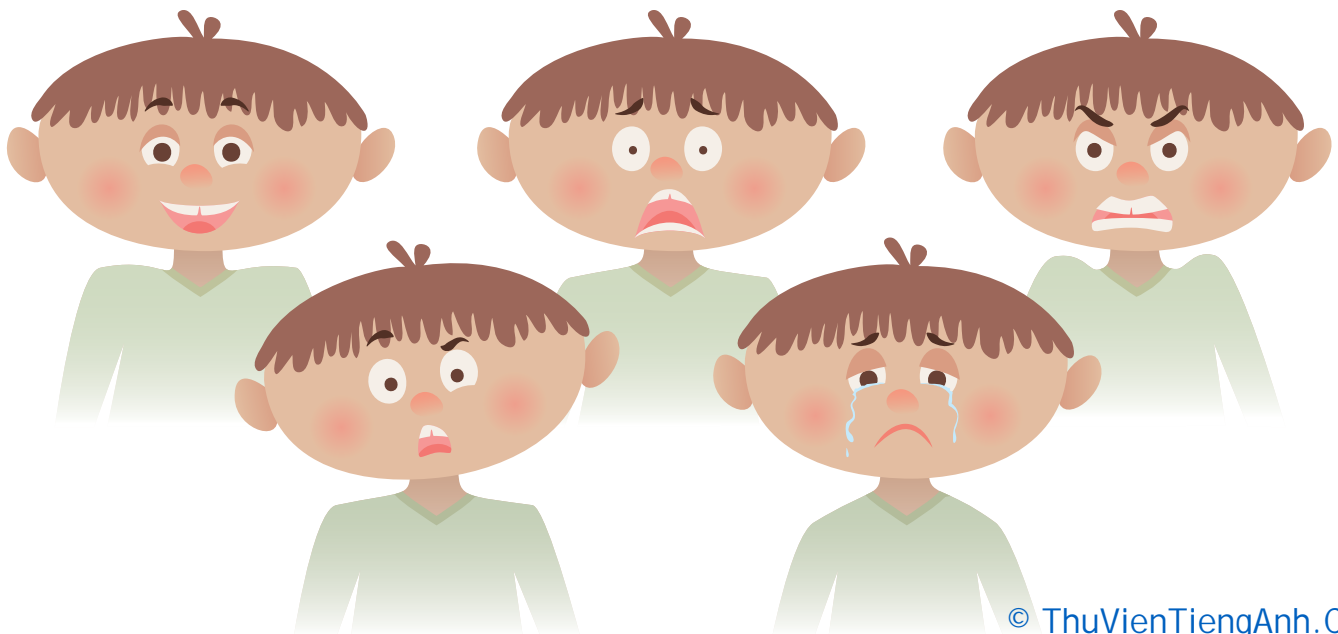
Just like fictional stories, personal narratives involve some kind of a problem, or conflict. Personal narratives are filled with feelings and emotions that often change throughout the story.

Problems could relate to:

- a disagreement you had with someone
- an obstacle you faced
- the challenge of learning something new
- getting through a tough time in your life
- something unexpected happened

Feelings and Emotions:

serious happy scared furious sad annoyed
frustrated thrilled excited hurt unwelcome
anxious determined confused surprised
confident shocked warm safe inspired



Use the space below to brainstorm some ideas from your own life. Try to think of an instance where you experienced each type of problem described above and describe it below. Then write two or three feelings or emotions you felt during each experience. You can use the ideas from the box to help you, or come up with your own.

1. Once, I had a disagreement with _____ about

Feeling _____ Feeling _____ Feeling _____

2. An obstacle I had to overcome was _____

Feeling _____ Feeling _____ Feeling _____

3. Even though it was really challenging, I finally learned how to _____

Feeling _____ Feeling _____ Feeling _____

4. I once had an unexpected _____

Feeling _____ Feeling _____ Feeling _____

5. I went through a tough time in my life when _____

Feeling _____ Feeling _____ Feeling _____

6. Once, I helped my _____ deal with _____

Feeling _____ Feeling _____ Feeling _____

7. I was really surprised when _____

Feeling _____ Feeling _____ Feeling _____

8. I once failed at _____ but then learned _____

Feeling _____ Feeling _____ Feeling _____

9. There was a time when I had to learn _____

Feeling _____ Feeling _____ Feeling _____

