## My Weekly Plan

Week of: $\qquad$

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $2: 00$ |  |  |  |  |  |
| $2: 30$ |  |  |  |  |  |
| $3: 00$ |  |  |  |  |  |
| $3: 30$ |  |  |  |  |  |
| $4: 00$ |  |  |  |  |  |
| $4: 30$ |  |  |  |  |  |
| $5: 00$ |  |  |  |  |  |
| $5: 30$ |  |  |  |  |  |
| $6: 00$ |  |  |  |  |  |
| 6:30 |  |  |  |  |  |
| $7: 00$ |  |  |  |  |  |
| $7: 30$ |  |  |  |  |  |
| 8:00 |  |  |  |  |  |
| What worked? What didn't work as well? What should I keep doing? What should I do differently? |  |  |  |  |  |

