

Name _____

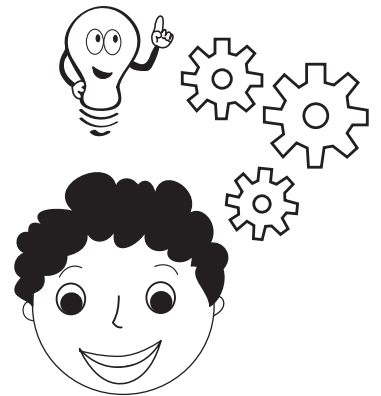
Date _____

My Special Talents

You have many gifts and talents inside of you—some of which you may not know about yet! On this handout, brainstorm and think of the many talents that you may have. Think of all of the things that make you YOU!

For example, maybe you know a lot about science, maybe you can move through yoga poses well, or maybe you love and are great at jump rope. It can be anything!

Brainstorm a list of your special talents below. Remember that they don't have to be incredible or out of this world, like juggling or walking handstands. They may be simple things, like being a great listener or showing kindness to others!



Brainstorm:

Name _____

Date _____

My Special Talents

Make a Collage! Cut out images that represent your special talents from magazines or draw your own pictures. Make a collage, or collection of drawings, that shows your special talents!

