

Make a Mini Book:

My First Gratitude Journal

Create your own mini gratitude journal! Write and draw something you are grateful for on each page. Cut out the pages on the dotted lines, and then fold on the solid line. Assemble the journal, using the page numbers in the top right corners to help you. Finally, staple your journal for an eight-page book.

Fold along the solid line.

8

The End

1

My First Gratitude Journal

My name: _____

6

3

I am grateful for... _____

I am grateful for... _____

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<p>2</p> <p>I am grateful for...</p> <hr/> <hr/> <hr/>	<p>7</p> <p>I am grateful for...</p> <hr/> <hr/> <hr/>
<p>4</p> <p>I am grateful for...</p> <hr/> <hr/> <hr/>	<p>5</p> <p>I am grateful for...</p> <hr/> <hr/> <hr/>