Nama	
Mame	

Making Healthy Choices

How does it feel when we help someone else? Look at the pictures below. Then, answer the questions using pictures or words.

How would I feel sitting with someone at lunch who was by themselves?



How would I feel letting someone go ahead of me in line?





Mama	
Mame	
INGILL	

Making Healthy Choices

How would it feel sharing crayons with someone who did not have any?



Draw a picture of a time you showed kindness to another in need.