Listening Mindfully

We use our whole bodies to listen to others. Complete each sentence.

When we listen...

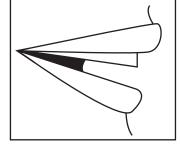
We use our ears to ______.



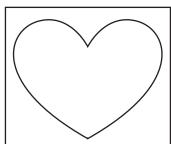
We use our eyes to ______.



We use our mouths to _____.



We use our hearts to ______.



We use our brains to ______.

