

Crispy Kale Chips

Kale is a super food that is super good!
Makes forty (40) kale chips.

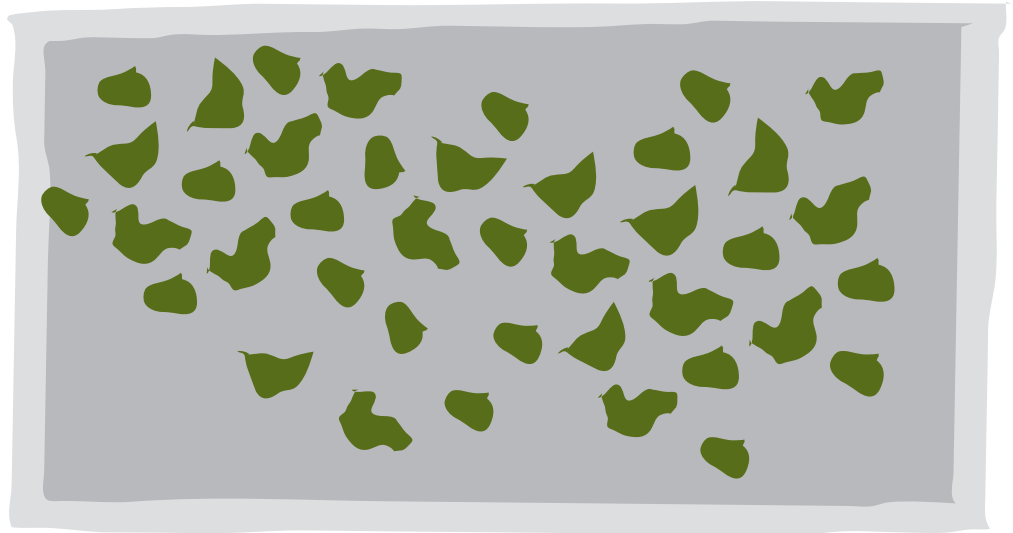
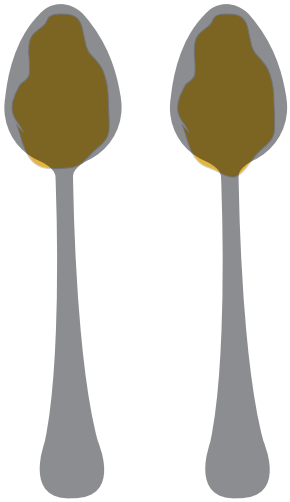
Step 1.

Wash **4** kale leaves and have an adult preheat the oven to 425°.



Step 2.

Rip each leaf into **10** pieces, making **40** pieces. Place the pieces on a baking sheet.



Step 3.

Drizzle **2** spoonfuls of olive oil over the pieces and sprinkle with salt and pepper.

Step 4.

Bake for 10 minutes until crunchy!

