

Directions: Follow the steps below to design your own book about being human!

1. Circle five sentences to use in your story:

"I am grateful to give and receive love."

"I am grateful for this body."

"I am grateful for this breath."

"I am grateful for play."

"I am grateful for delicious food."

"I am grateful to be able to help others."

"I am grateful to be able to learn from my mistakes."

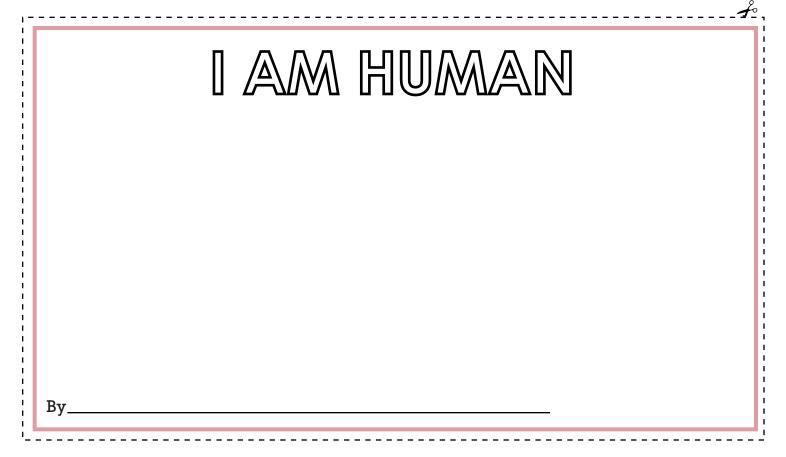
"I am grateful to be me—for my uniqueness and talents."

"I am grateful for the miracle of life."

2. Now write three original sentences of things you are grateful for to use in your story:

1			
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2			
3			

3. Draw a picture for your cover below. Then write your sentences in the boxes below (one sentence per box) and include illustrations. When you are done, cut out the boxes and staple them together to create your book.



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