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The Human Skeletal System

The skeleton is a group of bones that has six major functions. The first is to support the body's weight and protect the body's organs. To move around, the skeletal muscles push and pull the bones with connecting ligaments, and the joints allow for much needed rotation to walk. The development of red and white blood cells takes place in the marrow of the bones. The skeleton also stores nutrients like calcium and iron. Lastly, bone cells help determine how much insulin the body produces.

