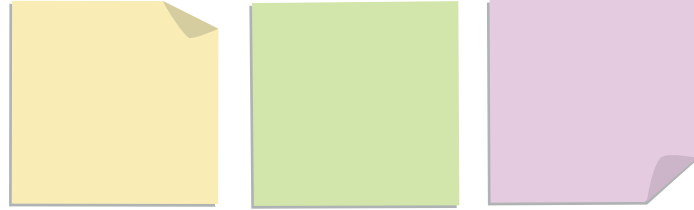# Goal Setting Chart

Materials:

- Markers or crayons
- Ruler
- Poster or whiteboard
- Sticky notes

My **GOAL** is to _____ by _____.

Directions:

1. At the top of your poster or whiteboard write: "Goal Setting"

2. On each sticky note, draw a picture of the step needed to achieve the goal.

3. When you complete a step, put a check mark on the sticky note in the corner.

4. Now draw how you will feel when you achieve the goal!