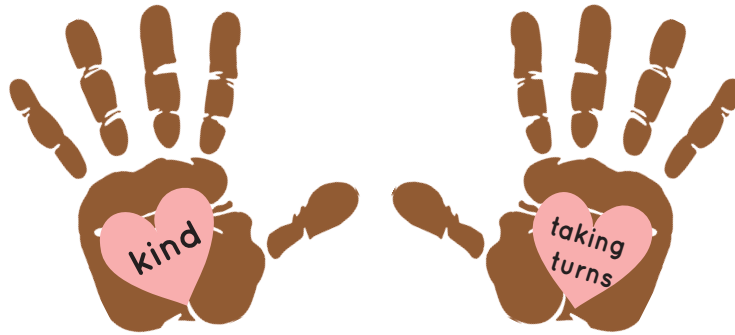


# Friends at Heart



Follow the directions below to make a Friends at Heart painting that highlights the qualities you see in a good friend.

**Directions:**

1. With a grown-up's help, use washable paint to create two handprints on construction paper.
2. Color in the hearts.
3. Using a marker, write all of the different qualities that make a good friend (being kind, being a good listener, taking turns, etc.).
4. Cut out your hearts.
5. Glue them into the center of each hand, after your handprints have dried.
6. Write your name on the back of your paper.
7. Hang your Friends at Heart artwork up to remind you of what makes a good friend.
8. (Optional) Glue photos of your good friends up around your colored hearts.

