

Emotions in Art

Art Work Preparation

1. Circle the emotion you are feeling right now:



Upset



Excited



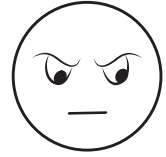
Surprised



Screaming



Happy



Angry



Tired



Proud



Silly



Furious



Calm



Confused

2. Symbols and colors can connect with different emotions for all people, no matter where you live or where you are from! Learn how colors and shapes relate to emotions below.

COLORS	SHAPES
<p>Red – anger, frustration, stubbornness</p> <p>Orange – hot-headed, aggressive, impulsive</p> <p>Yellow – playful, friendly, kind, funny, fun</p> <p>Gold – accomplished, proud</p> <p>Green – peaceful, healthy, fresh</p> <p>Blue – cool, calm, positive</p> <p>Purple – quiet, still, royalty</p> <p>Black – deep, heavy, mysterious</p> <p>Brown – grounded, strong lightness</p> <p>White – connection, peaceful</p>	<p>▲ Triangle – sharp sides connect to aggression, danger, not balanced</p> <p>● Circle – smooth sides connect to softness, playful, positive, energetic, happy</p> <p>■ Square – shapes connected to building and stability, strength, dependability</p>

● Shapes and symbols that represent you or your emotion for your artwork:

● Colors that represent your emotion for your artwork:

Name _____

Date _____

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Now it is time to draw and design, but first:

Take a moment to pause...

Feel three deep breaths...

Now, create your own artwork, using your chosen shapes and colors above that express emotions you may be feeling.

