












Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Elaborating on Feelings

Strong feelings and details are connected! As you consider each feeling or emotion below, add some details that could be related to that feeling. The first example is done for you.

Read each emotion or feeling below. Write an example of when you've experienced that feeling.

Feeling or Emotion	I felt this way when...
 Excited	Mom told us that we were going on a special vacation!
 Scared	_____ _____
 Nervous	_____ _____
 Sad	_____ _____
 Upset	_____ _____
 Surprised	_____ _____
 Bored	_____ _____
 Restless	_____ _____
 Confused	_____ _____
 Tired	_____ _____
 Embarrassed	_____ _____