

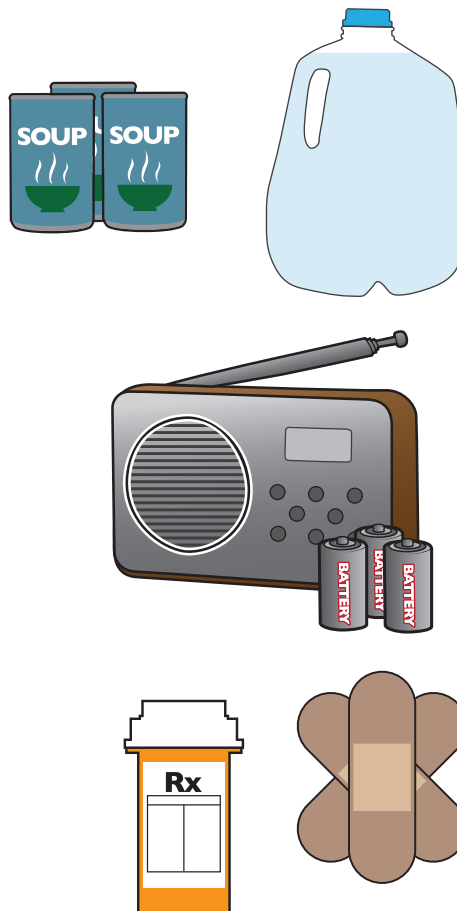
ARE YOU PREPARED?

What would you do if a real apocalypse happened? A lot of the things you'd do to protect yourself in a zombie crisis are the same things experts suggest people do in real emergencies. Check out this page to help your family prepare for any emergency.

Pack an Emergency Kit:

Your kit should include

- Water (one gallon per person, per day).
- Non-perishable food, such as dried fruits and veggies, canned food (don't forget a can opener!) or energy bars.
- Cooking supplies, like utensils, pots, or a propane camping stove.
- Tools: a utility knife or multi-tool, duct tape, rope, a battery-powered radio (and plenty of extra batteries), tarp, flashlights, and matches or other fire-starting tools.
- Clothes and blankets (make sure everyone has one change of clothes).
- Sanitation: soap, floss, toothbrushes and toothpaste, hand sanitizer, bleach, and towels.
- Important documents, like copies of birth certificates, social security cards, passports, and driver's licenses.
- A first aid kit that contains gauze, tape, medications, antiseptic and antibiotic ointments, gloves, alcohol wipes, tweezers, cotton balls, and anything else you think you will need to stay healthy.



Make a Plan:

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1. Come up with two meeting places where your family can regroup if you get separated. One meeting place should be near your house for sudden emergencies. The other should be farther away in case of larger problems...like zombies invading your neighborhood.
2. Make a list of local emergency contacts like the fire department, the police and poison control. Also make sure you include personal contacts as well, such as friends or family that you could stay with if it isn't safe to be in your home.
3. Plan an escape route! If your whole town or city is affected by an emergency, you will need to get out quick. Make sure you plan several different routes in case of traffic jams, fallen trees, or flooding.
4. Once you've put your emergency kit together, keep it up to date! Replace expired food and/or medications and add to your list or kit when needed. (New baby brother? Add extra food! Dad is using a different brand of medicine? Replace the old one with the new prescription.)