

Dance Party Choice Board

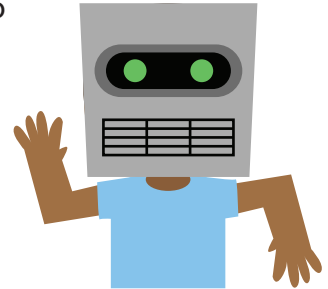
Directions: Choose a song and use one of the following to get your body moving!



Join the ballet: Dress up in your fanciest clothes and become a ballerina on the stage.



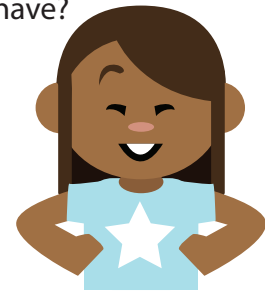
Robot dance: Turn into a mechanical robot and see who can do the most realistic robot moves!



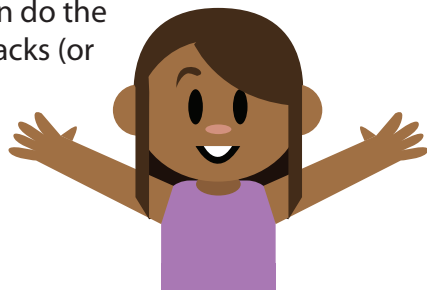
Spotlight dance: Grab a flashlight and take turns dancing in the spotlight.



Dance like a superhero: What kind of superpowers do you have? Incorporate your superpower into your dancing.



Jump to the beat: Put on some upbeat music and see who can do the most jumping jacks (or jumps) for the duration of the song. The winner chooses the next move!



Scarf or ribbon dance: Grab some scarves, ribbons, or long pieces of fabric and dance to the music using your materials as a prop.



Animal dance: Turn on some lively instrumental music and turn into your favorite animal on the dance floor!



Slow motion dance: Dance as slowly as you can while still moving your body for the entire song.

