

Name _____

Date _____

Classroom Peace Corner and Quiet Space



Peace corners can be a great way to find calm when we need time by ourselves to cool down in class.

Draw or write about yourself using one of the cool-down tools listed on the board: the cool-down bottle, animal breaths, coloring, etc.

Draw or write any other things that you would like in our peace corner that make you feel peaceful and calm (A favorite book? Music? Favorite coloring pages?):

Is there a different name you would like to give to our peace corner?

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Imagine you are in our classroom peace corner. Draw a picture next to each word to show how you may feel.

CALM

HAPPY

QUIET