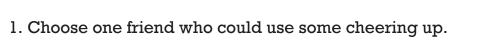
## **Cheering Friends Up**



Friend's Name:

\(\frac{1}{5}\)

2. Choose **two** options below to create something that would make your friend feel better.

- ☐ Write a letter
- ☐ Draw a picture
- ☐ Kind act

**Option 1:** Write your friend a letter. Let them know that you are there for them and that you care.

Dear,	
	Your friend,

## **Cheering Friends Up**

Option 2: Draw and give your friend a picture of something they love to lift them up.



## **Cheering Friends Up**

**Option 3:** Perform a kind act for your friend. Use the space below to journal about how it went.

Kind Act:		
<u> </u>		