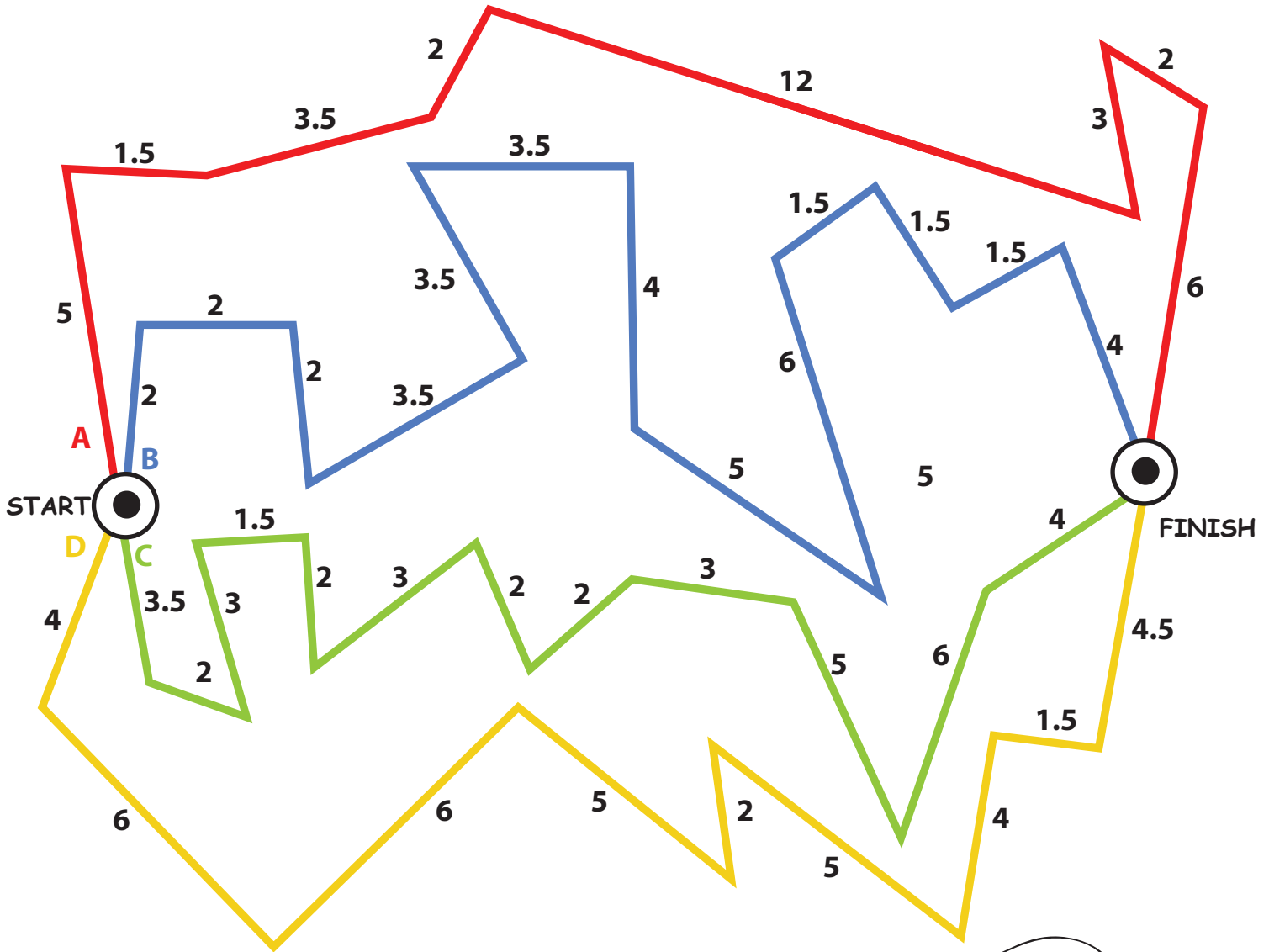


Run, Run, Run! Practicing the Perimeter

Help the runner pick the route to train for each week.
Each week his run should be longer than the week before.



Write the training route here

- Week 1: Route _____
- Week 2: Route _____
- Week 3: Route _____
- Week 4: Route _____

