

# April Fools' Day Cupcakes

## Surprise!

There's no sugar in these cupcakes, and your friends and family will love them!

## INGREDIENTS:

### MEAT LOAF

1 pound lean ground beef  
1/2 cup seasoned bread crumbs  
1 cup grated Monterey Jack cheese  
3 tablespoons ketchup  
1 egg  
1/2 teaspoon celery salt  
1/4 teaspoon pepper

### POTATO FROSTING

3 cups mashed potatoes  
Food coloring



## DIRECTIONS:

Heat oven to 375 degrees. Line 12 muffin tin cups with foil bake cups.

In a large bowl, mix all of the meat loaf ingredients until well combined. Divide the mixture evenly among the lined cups; the foil cups should be about 3/4 full.

Place the filled muffin tins on cookie sheets, and bake the cupcakes for about 15 minutes, or until cooked through.

Divide the mashed potatoes among three small bowls, and stir a few drops of food coloring into each batch to create blue, yellow and pink pastel "frosting". Spread a generous dollop on each cupcake. Makes 12 cupcakes.

