

8 Ways to Play and Learn Outdoors

1

Play "I spy" at the park (e.g., I spy something red...)

2

Encourage imaginative play (e.g., a stick might become a magic wand)

3

Share your observations with your child! "Did you see that bug on the sidewalk?"

4

Read field guides when you explore a new area

7

Create a nature journal and help your child record what they see, hear, feel, touch, and smell

<https://www.education.com/worksheet/article/nature-journal/>

8

Create a map of your community, garden, or beach

5

Take books outside and read aloud under a tree

6

Practice writing letters and numbers in the sand or dirt with a stick