

# Covertng Pounds and Ounces



The conversion rate for pounds and ounces is  
**16 ounces (oz.) = 1 pound (lb.)**

When converting pounds to ounces, we multiply.  
When converting ounces to pounds, we divide.

EXAMPLE: 3 lbs =   ? oz  
3 lbs x 16 = 48 ounces <-> we multiply by 16 because 1 lb = 16 oz.

Read each question below and solve the problem by using multiplication or division.  
Be sure to show all of your work in the space provided.

- 1.) Lucy made 3 cakes that each weighed 32 ounces.  
How many pounds of cake did Lucy make?

**6 pounds**

- 2.) Mike's turkey burger recipe calls for 4 pounds of ground turkey. How many ounces of ground turkey should Mike purchase at the local grocery store?

**64 ounces**

- 3.) Sarah's dog weighs 64 ounces. How many pounds does Sarah's dog weigh?

**4 pounds**

- 4.) Jim's soccer bag weighs 48 ounces. He removed his cleats and shinguards that weighed a total of 1 pound. How much does his soccer bag weigh now?

**2 pounds or 32 ounces**