

Name: _____












Date: _____

Answers (Answers will vary)

Elaborating on Feelings

Strong feelings and details are connected! As you consider each feeling or emotion below, add some details that could be related to that feeling. The first example is done for you.

Read each emotion or feeling below. Write an example of when you've experienced that feeling.

Feeling or Emotion	I felt this way when...
 Excited	Mom told us that we were going on a special vacation!
 Scared	<u>The lights flickered and went out during the storm.</u>
 Nervous	<u>I hadn't studied much for the test.</u>
 Sad	<u>My puppy was lost.</u>
 Upset	<u>I forgot my homework so I had to stay in from recess.</u>
 Surprised	<u>My friends threw me a surprise birthday party.</u>
 Bored	<u>I had watched the same show three times!</u>
 Restless	<u>On our vacation, I sat in the car for hours on end.</u>
 Confused	<u>My friend talked really fast over the phone and I couldn't understand.</u>
 Tired	<u>I stayed up until midnight, but got up at 5:30 a.m.</u>
 Embarrassed	<u>The teacher called on me and I hadn't even heard the question!</u>