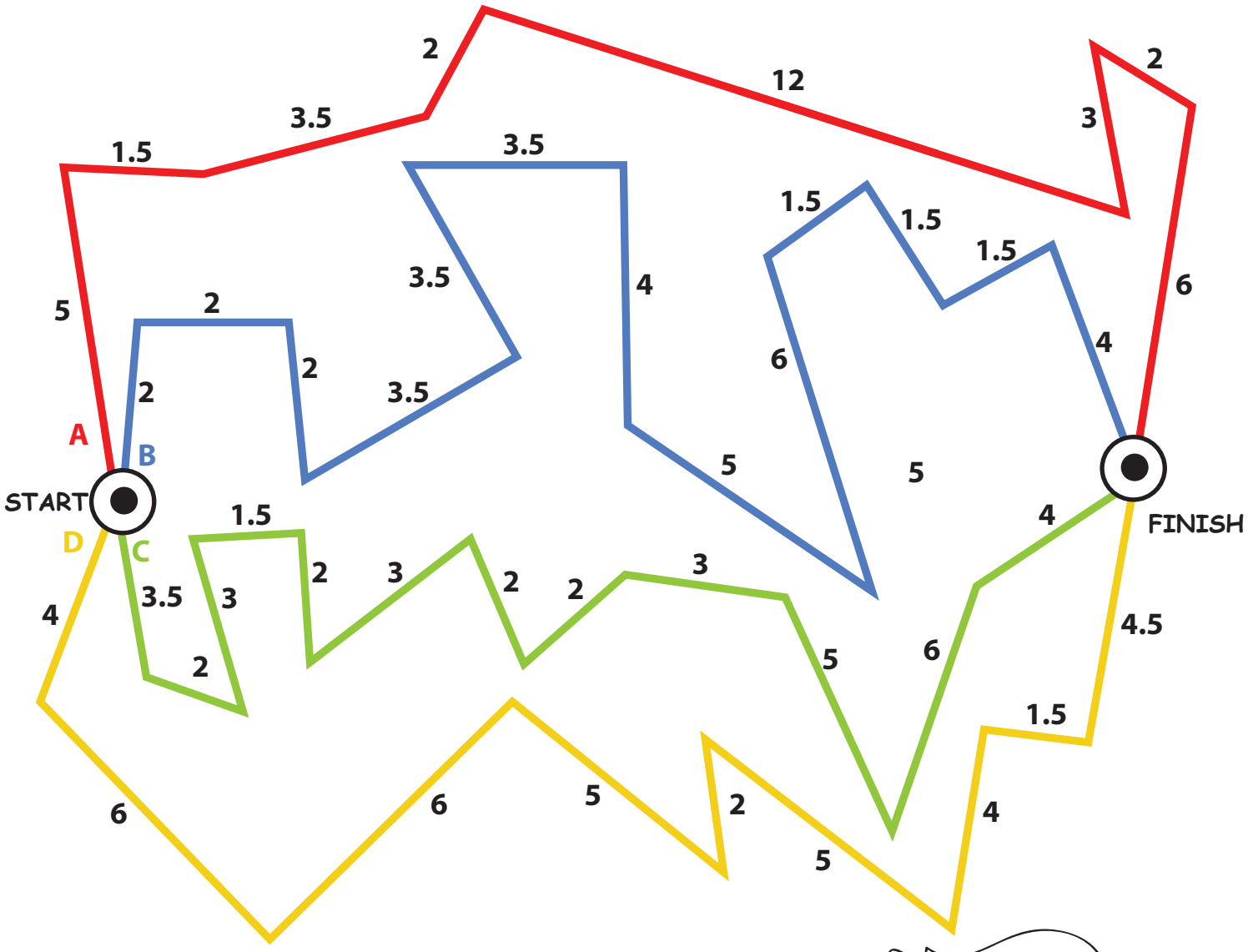
Run, Run, Run! Practicing the Perimeter

Help the runner pick the route to train for each week.
Each week his run should be longer than the week before.



Write the training route here

Week 1: Route A = 35 miles
Week 2: Route C = 37 miles
Week 3: Route D = 38 miles
Week 4: Route B = 40 miles

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